

Curriculum Vitae**Personal Details**

Telephone & Email:	0208 150 8290 & info@thehanddoctor.co.uk
Website:	www.thehanddoctor.co.uk
GMC Registration:	4681951 (Full registration)
Indemnity:	SEMPRIS
CCT:	2 nd August 2010
Marital Status:	Married
Nationality:	British
Full Membership:	British Society for Surgery of the Hand, British Orthopaedic Assoc. Royal College of Surgeons of England, Royal Society of Medicine

Qualifications

Qualifications	2011	Dip Hand Surg, BSSH United Kingdom
	2008	FRCS (Tr & Orth) England
	2003	MRCS (England)
	1999	MB ChB Pretoria, South Africa
Radiology	2016	Radiation protection Mini C-Arm course (IRMER 2000)
Resuscitation	2010	ATLS Lister Hospital Stevenage
Child protection	2017	Level 3

Medical Education

2004 - 2010	North West Thames Higher Surgical Training Rotation
2001 - 2004	Basic Surgical Rotation: Greater London Area
1994 - 1999	Medical School: University of Pretoria, South Africa

Prizes and scholarships and Grants

2017	Grant for Purchase of 3D Printer: Friends of Chelsea and Westminster Hospital
2015	Recognition of Supervision Excellence Award Chelsea and Westminster Hospital Postgraduate department
2008	Pulvertaft Fellow Award: The British Society for Surgery of the Hand
2008	Best Paper Presentation Award, ISHIMR (International Symposium For Health Information Management Research)
2000	House Officer of The Year - Helen Joseph Hospital, Johannesburg
1999	Navkom Grant for surgical research
1997	Student Representative Council Service Award
1995-1999	Academic Merit Award

Appointments to date**Current Employment:**

**Consultant Hand, Trauma and Orthopaedic Surgeon,
Chelsea and Westminster Hospital, London** April 2012 – present

**Locum Consultant Hand, Trauma and Orthopaedic Surgeon,
St Mary's Hospital, Major Trauma Centre, London** March 2011 – April 2012

Fellowship Training:

**Congenital and Children's Hand Fellow, Great Ormond Street Hospital, London
Honorary Hand Fellow, University College Hospital, London** October 2010 – March 2011

**Hand and Peripheral Nerve Surgery, Royal North Shore
and Westmead Children's Hospital Sydney** July 2009 – end December 2009

AO Trauma Fellowship, Landesklinik Salzburg June 2010 – July 2010

Specialist Registrar Training

North West Thames Region Aug 2004 -September 2010

Basic Surgical Training

February 2001 – August 2004

Royal National Orthopaedic Hospital, London.
Lister Hospital Stevenage
Hillingdon Hospital

Current & Previous Additional Professional Responsibility

- I was part of the founding group for a new Free School in the Royal Borough of Kensington and Chelsea
- Coordination and management of a team of hand and wrist surgeons for the London Olympic Games 2012
- Team Doctor Arsenal Ladies Football Club 2007 - 2011
- Duty Medical Officer Wembley Stadium 2007 - 2009

Medicolegal Experience

- I compile personal injury reports for solicitors and insurance companies
- I receive instructions from Defendants and Claimants
- I perform screening reports on a frequent basis

Teaching and Training Experience**Committee Member**

- BSSH Audit committee
- IFSSH Social Media Committee member

Guest Lectures

- Israeli Hand Society , Tel Aviv 2018 3d printing and Biomechanics research lecture
- BSSH Edinburgh 2017 "I Tweet Therefore I Am" - Getting Started and Staying out of Trouble FISIC Conference 2017
- Spastic Hand Symposium Paris 2017
- BSSH German Combined Meeting Munich 2017 Health Care Rationing: A British View
- IFSSH 2016 Wrist fusion in Cerebral palsy
- First International meeting on upper limb spasticity Paris 2017, Guest lecture on rehabilitation
- Royal Society of Medicine Guest Lecture 2016 Paediatric hand injuries
- Hadassah Hospital Jerusalem Monthly training meeting 2016 Cerebral palsy
- Royal Society of Medicine Trauma Symposium 2016 Trauma Symposium: The management of carpal and distal radius fractures
- British Institute of Radiology 2014 Linking Orthopaedics and Radiology: The Hand and Fingers

Faculty and teaching

- London Medartis Hand And wrist Series II and III 2018
- RNOH MRI Wrist and hand teaching Royal College Radiologists 2018
- Convenor Dr Exam MRCS OSCE Course 2016 -18
- Essential Hand Surgery Cadaveric Workshop 2017
- UCL Partners Course Orthopaedics 2015-2017
- Regional Paediatric Teaching Emergency hand Conditions 2015
- Faculty and Session Chair 3rd European Symposium on Paediatric Hand Surgery 2014
- Faculty AO Advanced Wrist Fracture Course Chelsea and Westminster 2014
- Hand Surgery Education for hospitals on the London Trauma Network 2012-2016
- Royal National Orthopaedic Hospital, Basic Science Course London 2013-2015
- Royal National Orthopaedic Hospital, MSC teaching 2011-2013
- GP and Private Hospital training on Upper limb conditions 2012-2016
- Deputy DVR wrist plating training NW Thames Spr Training London 2011
- BOA / RCN [SOTN] / AOT Casting Techniques Course, London 2008 – 2011
- Imperial College FRCS (Orth) Course, London 2011, 2013-2017
- Imperial College of Medicine examination of Final year medical Students, 2011-2013
- Royal National Orthopaedic Hospital Joint Injection Workshop, London 2008 - 2009

Other Teaching and Medical Education

- Clinical and educational Supervisor for Fellows, Specialty trainees and Core trainees
- Tutor and examiner for Hand Surgery Diploma BSSH 2012-2018
- National ST3 trainees selection: Panel member Representing London Deanery 2013, 2016
- London Deanery matching interviews for CT2 trainees, 2011

Academic Research and Publications

Invited Reviewer

- The Bone and Joint Journal
- The Annals of the Royal College of Surgeons of England
- Injury Journal
- BMJ Action Sets
- British Journal of Hospital Medicine

Invited contributions

Kassim M Maffulli N: Editors. **Horwitz M**: Contributor. FRCS Trauma and Orthopaedics Exam: A guide to clinicals and vivas 2014. Kindle edition.

Sri-Ram K: Editor. **Horwitz M**: Contributor. Hand and wrist surgery. Postgraduate Orthopaedics: MCQs and EMQs for the FRCS (Tr & Orth). Oxford University Press 2012.

Briggs T et al: Editor, **Horwitz M**: Contributor. Peripheral Nerve Surgery. Operative Orthopaedics, A Stanmore Guide. London 2009 Hodder Arnold.

Dhillon R: Editor, **Horwitz M**: Contributor. The Hand & Wrist. Post-Graduate Diploma in Urgent Care University College London. London 2008 Middlesex University.

Marshall T: Editor, **Horwitz M**: Contributor. Wrist and Hand pathologies, Oxford Desk Reference Rheumatology. Oxford, 2008 Oxford University Press.

Hughes R: Editor, **Horwitz M**: Contributor. The Hand. Diploma in Musculoskeletal Medicine. London 2007. Middlesex University.

Hughes R: Editor, **Horwitz M**: Contributor. The Wrist. Diploma in Musculoskeletal Medicine. London 2007. Middlesex University.

Haddad FS: Editor, **Horwitz M**: Contributor. Orthopaedic Trauma: A Systematic Guide. London, 2007 Quay Books.

Wajed S, Green JSA: Editors, **Horwitz M**: Contributor. MD *QBase Surgery 2: MCQs in Basic Science for Surgeons*. London, 2004 GMM Books.

Papers and Abstracts Published:

Shah DS, Middleton C, Gurdezi S, **Horwitz MD**, Kedgley AE. The importance of abductor pollicis longus in wrist motions: A physiological wrist simulator study. *J Biomech*. 2018 Aug 22;77:218-222.

Shah DS, Middleton C, Gurdezi S, **Horwitz MD**, Kedgley AE. Alterations to wrist tendon forces following flexor carpi radialis or ulnaris sacrifice: a cadaveric simulator study. *J Hand Surg Eur Vol*. 2018 Jan 1

(Papers and Abstracts Published continued)

Welman T, McKean AR, Duggan E, Rahman SM, Moore LSP, **Horwitz M** Tetanus 'Quick Stik' - is the NHS missing a trick? *Injury*. 2018 Apr 19. pii: S0020-1383(18)30198-0. doi: 10.1016/j.injury.2018.04.011. [Epub ahead of print]

Williams J, Wharton R, Peev P, **Horwitz M**. Acute flexor tendon injury following midshaft radius and ulna fractures in a paediatric patient *Trauma Case Reports* 2018, <https://doi.org/10.1016/j.tcr.2018.04.001>

Plonczak AM, McArthur GJ, Goldsmith N, **Horwitz M**. Hand Therapist Led Follow-up for Paediatric Hand Trauma - a Retrospective Study of 139 Closed Hand Injuries. *Ortop Traumatol Rehabil*. 2017 Dec 30;19(6):531-536. doi: 10.5604/01.3001.0010.8044. PMID: 29493526

Shah DS, Middleton C, Gurdezi S, **Horwitz MD**, Kedgley AE. The effects of wrist motion and hand orientation on muscle forces: A physiologic wrist simulator study. *J Biomech*. 2017 Jun 21. pii: S0021-9290(17)30314-7.

Mohammed S, Butler DP, **Horwitz MD**, McConaghie G. Picture perfect. *Royal College of Surgeons Bulletin*. 2016; 98(7):314-315

Butler D, Murray A, **Horwitz MD**. Hand manifestations of neurological disease: some alternatives to consider *British Journal of General Practice* 2016; 66; 331–332.

Sierakowski A1, Gardiner MD2, Jain A3, Greig AV4; Nail bed INJury Analysis (NINJA) Collaborative Group. Collaborators (22) Acquaah F, Afzal S, Ali SS, Beard D, Bisarya K, Bruce D, Cook J, Cooper C, Farrar N, Furniss D, Jeyakumar J, **Horwitz M**, Lloyd-Hughes H, Pease N, McArthur G, Murphy A, Ruston J, Soueid H, Tare M, Tejero R, Theodorakopoulou E, Zweifel C. *J Plast Reconstr Aesthet Surg*. 2016 Feb;69(2):286-8. doi: 10.1016/j.bjps.2015.10.025. Epub 2015 Oct 30. Surgical treatment of paediatric nail bed injuries in the United Kingdom: Surgeon and patient priorities for future research.

Hunter AR, **Horwitz MD**, Halsey TJ. Hand trauma always requires ring removal. *Br J Hosp Med (Lond)*. 2014 Dec;75(12):715

Hili S, Allan A, **Horwitz M** Subtendinous Fibroma of the Flexor Sheath in a Fifteen-Year Old Boy Presenting as a Painful Swelling of the Finger. *Ann Orthop Rheumatol* 3(4): 1060. 2015; December

Mitsakos A, **Horwitz MD** Hyaluronic Acid Injection in the Treatment of Small Joint Arthritis in the Hand. *Which medical Device* 2015; February.

Halsey T, **Horwitz MD** Modern Nerve Conduits for Peripheral Nerve Injuries *Which medical Device*. 2013; November.

McArthur GJ, **Horwitz MD**. Carpal Tunnel Syndrome: Handheld Nerve Conduction Study Devices. *Which medical Device*. 2013; April.

Ali E, **Horwitz MD**, Sorene E.. Management of surgical conditions of the wrist *British J Hospital Medicine* 2012; 73(4): 192 - 198

Newman S, **Horwitz MD**, Gupte C. Minerva Image. *BMJ* 2011;343

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(Papers and Abstracts Published continued)

Palti R, **Horwitz MD**, Smith NC, Tonkin MA. Early combined neurosurgery and orthopaedic surgery in Neonatal Brachial Plexus Palsy. *Hand Surg.* 2011;16(2):155-9.

Shekkeris A, **Horwitz MD**, Ferris BD. One Stop Clinic for Minor Hand Surgery. *J One Day Surg* 2010; 20: (3) (In press)

Klass D, **Horwitz MD**. Orthopaedic One Stop Clinic's. Feasible or fantasy? Editorial : *Br J of Hospital Medicine* 2010;71 (5): 614-615.

Horwitz MD, Fox M, Owen-Johnstone S. Compartment syndrome of the knee extensor muscles associated with brief vigorous exercise and subsequent surgical reconstruction. *Injury Extra* 2010; 41(1): 1-3.

Yam A, Mc Namarra P, **Horwitz M**. Biceps muscle trauma at birth with pseudotumour formation: A cause of poor elbow flexion and supination in birth lesions of the brachial plexus. *J Bone Joint Br.* 2009; 91-B:8 1086-89.

Horwitz M, Sorene E. Editorial: 'Bare below the elbows policies: unnecessary bureaucracy'. Editorial : *Br J of Hospital Medicine* 2010; 71(3) :614-615.

Patel VP, Raptis D, Christofi T, Mathew R, **Horwitz M**, Eleftheriou K, McGovern PD, Youngman J, Patel JV, Haddad FS. Development of electronic software for the management of trauma patients on the orthopaedic unit. *Injury* 2009; 40 (4): 388-396.

Mathews R, Raptis DA, **Horwitz M**, Eleftheriou K, Christofi T, Youngman J, Patel JV, Haddad FS. Electronic software greatly improves the management of trauma patients. *Injury extra*2009; 39 (5): 159.

Horwitz MD, Awan S, Chatoo MB, Stott D, Powles D. An eight to ten year follow up study of the Rotaglide Knee. *Int Orthop* 2009 Feb;33(1):111-5. Epub 2007 Dec 13.

MD Horwitz, S Awan, MB Chatoo, DJ Stott, and DP Powles. An 8-10 year review of the rotaglide total knee replacement. *J Bone Joint Surg Br* 2008; 90-B: 328-329.

Horwitz M, Sreekumar R. Internet review of Unicompartmental Knee Surgery. *Annals of the Royal College of Surgeons of England.* 2005; 87 (6): 478-479.

Viegas M, **Horwitz M**, Awan S, Chatoo M. Systemic Mastocytosis diagnosed following bone biopsy during total knee replacement. *The Internet Journal of Orthopedic Surgery* 2005; 2: (2).

Teli M, De Roeck N, **Horwitz M**, Saifuddin A, Green R, Noordeen H. Radiographic outcome of vertebral bone bruise associated with fracture of the thoracic and lumbar spine in adults. *Eur Spine J* 2005 Aug; 14(6):541-5.

Horwitz MD, Hanbury DC, King C. Renal artery pseudoaneurysm following partial nephrectomy treated with stent-graft. *The British Journal of Radiology* 2005; 78:161-163.

Horwitz MD, Jonas-Obichere M, Holme TC. Case Report: Hard to swallow, an unusual post operative complication. *Anaesthesia* 2003; 58:600-601.

Horwitz MD, Howarth GR. Obstetric Implications of Female Genital Mutilation. *Continued Medical Education* 2000; 18:618-621.

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Presentations and Posters

Shah D.S., Middleton C., Gurdezi S., **Horwitz M.** & Kedgley A.E. Does extensor retinaculum excision affect wrist muscle forces? 8th World Congress of Biomechanics (WCB). Dublin, Ireland. 2018

McKean A, Macneal P, Rahman S, **Horwitz M.** **Rapid Microbial diagnosis in hand and upper limb infections.** The British Society for Surgery of the Hand (BSSH) Spring scientific meeting. Cardiff, UK. 2018

Watson A, **Horwitz M,** Smith G. A Surgical Audit of the Outcomes of Postaxial Polydactyly Treatment Over 2.5 year Period . Edinburgh 2017 & Hong Kong 2018

Shah D.S., Middleton C., Gurdezi S., **Horwitz M.** & Kedgley A.E. Surgical reconstruction following trapeziectomy. Orthopaedic Research Society (ORS) annual meeting. San Diego, USA. (Poster) 2017

Johal K, Smith G, **Horwitz M.** The use of 3D imaging to assist in the planning of upper limb surgery in paediatric patients The British Society for Surgery of the Hand (BSSH) Spring scientific meeting. Munich Podium 2017

Goodwin T, London, Johal K, Kjerrstrom A, London; Middleton C ,**Horwitz M.** Fund or Flex: An Audit of Collagenase use for the Treatment of Dupuytren's Disease Across NHS Clinical Commissioning Groups. The British Society for Surgery of the Hand (BSSH) Spring scientific meeting. Bath UK. Podium 2017

FOR THE TREATMENT OF DUPUYTREN'S DISEASE ACROSS NHS CLINICAL COMMISSION

Lutterodt C **Horwitz M.** Chelsea and Westminster Osseointegration: A new era for digit reconstruction using specially designed prostheses. FESSH Hungary 2016

Shah D.S., Middleton C., Gurdezi S., **Horwitz M.** & Kedgley A.E. Surgical reconstruction following trapeziectomy. Engineering the Upper Limb, Institution of Mechanical Engineers (IMechE). London, UK. 2016

Johal K, Smith G ,**Horwitz M.** The use of 3D imaging to assist in the planning of upper limb surgery in paediatric patients The British Society for Surgery of the Hand (BSSH) Spring scientific meeting. Cardiff UK. Poster 2016

Middleton C, **Horwitz M,** Eckersley R. Collagenase Use: A Survey of BSSH Members The British Society for Surgery of the Hand (BSSH) Spring scientific meeting. Cardiff, UK., Presentation 2016

Shah D.S., Middleton C., Gurdezi S., **Horwitz M.** & Kedgley A.E. Novel wrist joint simulator. The British Society for Surgery of the Hand (BSSH) Autumn scientific meeting. Cardiff, UK. (Podium)2016

Shah D.S., Middleton C., Gurdezi S., **Horwitz M.** & Kedgley A.E. Role of flexor carpi radialis and ulnaris in wrist motions: significance in tendon transfer. The British Society for Surgery of the Hand (BSSH) Autumn scientific meeting. Cardiff, UK. (Poster) 2016

Horwitz MD. How I integrated PROMS into my private practice. British Society for Surgery of the Hand April 2016

Plonczac A, McArthur G, **Horwitz MD.** Hand therapist lead follow up for paediatric hand injuries American Association for Hand surgery 2016

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(Presentations and Posters continued)

Ruston J, Bassett O, Eckersley R, Pearce R, Rajeswaran G, Katsarma E, **Horwitz MD**. Ultrasound guided percutaneous annular pulley release for trigger finger. American Association for Hand surgery Jan2015

Ruston J, Yuen I, Hanna J, Pearce R, Owers K, Bremner smith A, Rajeswaram G, **Horwitz MD**. The utility of ultrasound for detecting Stener lesions in Ulna Collateral Ligament injuries. American Association for Hand surgery Jan2015

Hilli S, Fu B, Watson D, Kinali M, **Horwitz M**. Ponseti Clubfoot Clinic as a screening tool for distal arthrogyrosis. 2nd International Symposium on Arthrogyrosis. St Petersburg 2014.

Wordsworth M, Hunter A, Sharma R, Pearce R, Rajeswaran G, **Horwitz MD**. Botulinum Toxin for Cerebral Palsy as an outpatient procedure. FESSH 2014, World Symposium Congenital Hand 2015

George J, **Horwitz MD**, Effect of ethnicity and religion on the perceptions of Congenital hand disease. European Paediatric hand meeting 2014.

Angullia F, **Horwitz MD**, Smith G. Ulna polydactyly - does this warrant investigation? World symposium on malformations of the hand and upper limb. January 2012.

Angullia F, **Horwitz MD**, Smith G. Ulna polydactyly - does this warrant investigation? American Society for Hand Surgery Meeting. September 2011.

Angullia F, **Horwitz MD**, Bulstrode. Maintaining up to date medical records how good are we? RSM John Glyn Prize Audit meeting. August 2011.

Shekkeris A, **Horwitz MD**, Ferris BD. Rapid access clinic for hand surgery. ISSH-BSSH combined meeting India. November 2008.

Mathews R, Raptis DA, **Horwitz M**, Eleftheriou K, Christofi T, Youngman J, Patel JV, Haddad FS. Electronic software greatly improves the management of trauma patients. ISHIMR (International Symposium For Health Information Management Research October 2008.

Mathews R, Raptis DA, **Horwitz M**, Eleftheriou K, Christofi T, Youngman J, Patel JV, Haddad FS. Electronic software greatly improves the management of trauma patients. British Trauma Society. October 2007.

Gartner L, **Horwitz M**, Remedios D. Economic impact of shoulder ultrasound for rotator cuff injuries. European Association of Radiologists' Management in Radiology. October 2006

Horwitz MD, Chatoo MB, Awan. A ten year follow up of the Rotaglide Knee. Review of the long term results in a meniscal bearing knee arthroplasty. BASK 2006.

Alevrogiannis S, **Horwitz M**, Briggs T, Cannon S, Hua J, Blunn G. Uncemented Primary Total Hip Replacement in young patients, using Custom Made (CAD-CAM) femoral stems. Mid term results Greek Orthopaedic Society. October 2005.

Horwitz MD, Awan S, Chatoo MB, Powles D. "A ten year follow up study of a meniscal bearing knee." North West Thames Registrars Papers presentation, St Mary's Hospital; London. September 2005

Curriculum Vitae

Horwitz MD, Mahaffey PJ. "A flow chart for the acute referral of hand injuries to specialist surgeons. British Society for Surgery of the Hand April 2004

Horwitz MD, Jonas-Obichere M, Thompson HH, Holme TC. "The role of routine cholangiography during laparoscopic cholecystectomy in a District General Hospital" .East Anglia Regional Surgical Meeting. May 2003.

Courses and Meetings attended
Management, Training and Medico-Legal

Mar 2017	Lead Introduction to clinical leadership, Learning from complains, Introduction to CLCF improving services
April 2015	Examiner course for the FRCS exam
Oct 2013	Training The Trainers, Chelsea and Westminster London
Dec 2013	The Experienced Supervisors Course, Chelsea and Westminster London
Dec 2010	Expert Witness Training Seminar, Expert Witness Institute London
Dec 2010	Managing The Trainee in Difficulty - London Deanery, London
Feb 2010	Clinical Management for SpR's in Surgical Specialties, Keele University

General Medical and Surgical

Mar 2017	Level 3 Child Protection Training, Chelsea and Westminster Hospital London
Mar 2000	Advanced Paediatric Life Support

Upper Limb and Hand Courses

Jan 2016	BSSH Instructional Course, Congenital, Manchester
July 2015	Tips and Tricks in hand Surgery Wrightington
Nov 2014	Wrist reconstruction and bioskills course in the Arthrolab Munich
June 2014	Wrist Arthroscopy Workshop, York
May 2013	A master class in congenital hand surgery RSM London
Mar 2013	AO Hand and Wrist Trauma Course, Leiden
Nov 2011	Upper Limb Trauma Acumed, Fort Lauderdale Florida
Feb 2011	BSSH Instructional Course, Soft tissue and Dupuytren's, Manchester
Oct 2009	Paediatric Hand Plastic Surgery, Melbourne Women & Children's Hospital
Mar 2009	Northwick Park Hospital, Microsurgery Course
Sep 2008	Hand Surgery course for FRCS (Orth.) Wrightington Upper Limb Unit
Feb 2008	Upper Limb Fracture Instructional Course, Malaga
Oct 2006	AO Wrist Fixation Course, Leeds
Nov 2005	Leicester Hand Fracture Management Course

Curriculum Vitae**National Meetings Attended**

BSSH (British Society for Surgery of the Hand) Meetings
Spring meeting (April/May 2018, 2017, 2016, 2015, 2009, 2004),
Autumn meeting (Oct 2018, 2017, 2016, 2015, 2014, 2013, 2012, 2007)

Oct 2017 Cerebral Palsy upper limb interest group
Mar 2017 1st International meeting on upper limb spasticity Paris
June 2015 BAPRAS RSTN day
June 2015 Cerebral Palsy upper limb interest group
Nov 2012 UK Upper Limb Spasticity group meeting
Sept 2003 British Trauma Society Winter Meeting

International Meetings Attended

Dec 2018 Israeli Hand Society , Tel Aviv
Sep 2018 3rd International Symposium on Arthrogyrosis. Philadelphia
Mar 2018 11th World Symposium on Congenital malformations of the Hand and Upper limb
Hong Kong
Oct 2017 Combined German and British Hand society meeting
Dec 2016 Steven Hovius retirement symposium
Nov 2016 IFSSH Argentina
May 2015 10th World Symposium on Congenital Malformations of the Hand and Upper Limb
Jan 2015 Annual Meeting American Association Hand Surgery, Bahamas
Sep 2014 2nd International Symposium on Arthrogyrosis. St Petersburg
Jan 2014 3rd European Symposium on Paediatric Hand Surgery, London
Mar 2012 World Symposium on Congenital malformations of the Hand and Upper limb
Nov 2008 7th International Brachial Plexus Meeting: London
Oct 2005 Combined Greek Orthopaedic Society and British Trauma Society meeting